

**AMENDMENT NO. 4 TO THE PLAN DOCUMENT  
OF THE  
SAN DIEGO ELECTRICAL HEALTH AND WELFARE TRUST**

The Plan Document of the San Diego Electrical Health & Welfare Trust Schedule of Benefits for **Plan A** Trust Medical PPO Benefits is hereby amended by recognizing the following women's preventive health care services required under the Affordable Care Act to be provided to female **Covered Persons** without application of a deductible, co-payment or co-insurance as of January 1, 2013:

**Well-woman visits:** An annual well-woman preventive care visit for adult women to obtain the recommended preventive services that are age and developmentally appropriate.

**Gestational diabetes screening:** This screening is for pregnant women between 24 to 28 weeks of gestation and at the first prenatal visit.

**HPV DNA testing:** Women age 30 or older will be entitled to one high-risk human papillomavirus (HPV) DNA test, regardless of Pap smear results, no more frequently than every three years .

**STI counseling:** Sexually-active women will have access to annual counseling on sexually transmitted infections (STIs).

**HIV screening and counseling:** Sexually-active women will have access to annual counseling on HIV.

**Contraception and contraceptive counseling:** Women with reproductive capacity will have access to all Food and Drug Administration-approved contraceptive methods, sterilization procedures, patient education and counseling as prescribed.

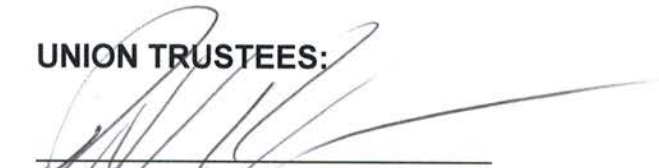
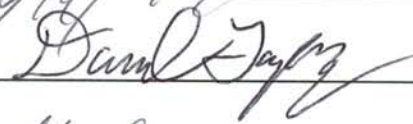
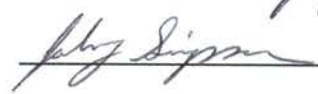
**Breastfeeding support, supplies, and counseling:** Pregnant and postpartum women will have access to comprehensive lactation support and counseling from a trained provider, as well as the costs for renting breastfeeding equipment in conjunction with each birth.

**Interpersonal and domestic violence screening and counseling:** Annual screening and counseling for interpersonal and domestic violence should be provided for all adolescent and adult women.

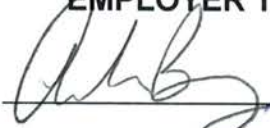
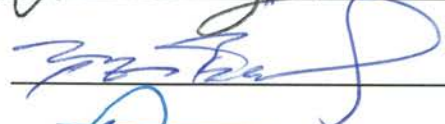

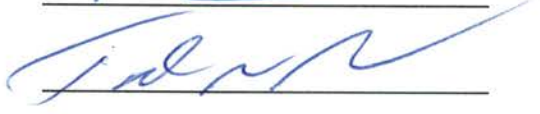
EXCEPT AS HEREIN AMENDED, THE PLAN DOCUMENT OF THE SAN DIEGO ELECTRICAL HEALTH AND WELFARE TRUST SHALL REMAIN IN FULL FORCE AND EFFECT.

IN WITNESS THEREOF, the Board of Trustees has caused this Amendment to the Plan Document to be signed this 18<sup>th</sup> day of September, 2012.

**UNION TRUSTEES:**

  
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**EMPLOYER TRUSTEES:**

  
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