



Accessing John Hancock

With John Hancock, you'll find simple suggestions to help you in your journey to retirement. Contact us to access your account 24 hours a day, seven days a week.

Online

johnhancock.com/myplan

Once logged in, check out the personalized retirement planning tool. It's a unique and meaningful way to plan for your retirement.

Mobile Device

Download the free **mylifeflow**® mobile application for your iOS or Android device or scan the QR code. Launch the app to log into your account using your username and password. Enroll in the retirement plan, and view your account balance, asset allocation and personal rate of return.

One-on-one Support

833-38-UNION (or 833-388-6466)

For general account needs, call to access the Automated Voice Response Service or speak with a John Hancock representative. Representatives are available from 8 a.m. to 10 p.m. Eastern time on New York Stock Exchange business days.

Hablamos español – Llame al 888.440.0022 para información en español. Representantes están disponibles de lunes a viernes, de 8 a.m. a 10 p.m. hora del Este en días hábiles de la Bolsa de Valores de Nueva York.

877-525-7655

Call a Consolidation representative if you have past accounts that you'd like to combine into your current retirement account at John Hancock. Representatives are available Monday through Friday, 8:30 a.m. to 7 p.m. ET. ^



Access your
retirement savings
plan at any time
from anywhere.



johnhancock.com/myplan

833-38-UNION (or 833-388-6466)

Take action!

Be sure to bookmark
johnhancock.com/myplan
and add it to your favorites.

Accessing John Hancock's website

Whether you're registering for the first time, or you need a refresher, follow these steps to access your account online.

Register

Go to johnhancock.com/myplan and click on **Register Now**.

Step 1: Tell us about yourself. Enter your last name, Social Security number, and birthdate. Click **Continue**.

Step 2: Create your username and password. You'll also enter your email address and mobile phone number. Click **Create Profile**.

You're registered!

You can now use your username and password to login. If you ever forget, click on **Forgot your Username or Password?**

Still need to enroll in the plan?

If you haven't enrolled, you'll be prompted to do so after the registration process. Click **Get Started Now!**

Your future is important and planning for your retirement is part of it. **Take control and get online today!**



^ As other options are available, you are encouraged to review all of your options to determine if combining your retirement accounts is suitable for you.

John Hancock Retirement Plan Services, LLC offers administrative or recordkeeping services to sponsors or administrators of retirement plans, as well as a platform of investment alternatives that is made available without regard to the individualized needs of any plan. Unless otherwise specifically stated in writing, John Hancock Retirement Plan Services, LLC does not, and is not undertaking to, provide impartial investment advice or give advice in a fiduciary capacity. John Hancock Trust Company LLC provides trust and custodial services to such plans.

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To learn more about protecting your account and profile, click on **Account Security** located at the bottom of the login page.