



CURRENTS

SAN DIEGO ELECTRICAL TRUSTS

Issue 90

May 2018

2018 APPRENTICESHIP GRADUATION INFO

FRIDAY, JUNE 8, 2018 | 6PM

- Inside Wireman
- Sound Technician

DINNER & CEREMONY

Hilton San Diego Bayfront
One Park Boulevard
San Diego CA 92101

TICKETS

Graduates each receive one complimentary ticket for themselves and one additional complimentary ticket for a guest. Ticket prices: \$55 per Adult. \$25 per child (3-12). Tickets will be available for purchase until June 1.

PARKING

Event parking rates per car per night:
\$11 Self/ \$16 Valet* / \$35 Self
Overnight/ \$45 Valet Overnight*.

*For valet parking, enter on Gull Street
(between hotel and parking structure).

HOTEL ACCOMMODATIONS

Website Link:

<https://aws.passkey.com/go/IBEW2018>

Last day to reserve rooms: May 9.

Toll free: 1-800-HILTONS; Group
Code IBEW Rooms starting at \$209
per night

ATTIRE

Dress semi-formal and arrive early.
Graduation photos will be taken at 5:30PM

For ticket information, please contact
the San Diego Electrical Training Trust
at (858) 569-6633 or email us at
info@sdeett.org.



NEW PPO PARTICIPANT ADVOCACY SERVICES ARE HERE

Hines & Associates now provides "FREE" advocacy services to PPO Plan participants. Through this advocacy services program it will be possible to contact registered nurses, experienced health care navigators, certified health care coaches and others for assistance with medical questions, benefit and coverage issues or questions, service provider selection procedures or referrals, claims and/or provider billing questions, referrals to Plan provided services and/or cost-containment programs, questions about pharmacy and Mental Health/Substance Abuse coverages and service providers, and assistance in using or navigating the Trust website. To begin this process eligible PPO Plan participants may call 1-888-893-6756 and a Hines nurse will initiate the intake process. Please note that the participant must be covered at the time services are rendered.

PPO PLAN CHANGES

Please be advised of the following change in PPO Plan pharmacy coverage for Opioid medications and Age 50 Shingles vaccinations. Also, for all participants a new set of Department of Labor required Claim Appeal Procedures has been adopted effective April 1, 2018:

1. Coverage Change For Opioid Medication

Recognizing there is a national health issue involving opioid misuse and abuse the Board is working with its Pharmacy Benefit Manager, Navitus, to implement programs that promote the safe, and appropriate use of these medications. In an effort to provide safe and appropriate utilization of Opioid narcotics, the Plan will implement the following Prior Authorization (PA) guidelines effective 5/1/18:

continued on page 2 -

Opioid Combination products -

These are the short acting medications generally indicated for acute pain such as dental and minor surgical procedures: Hydrocodone/acetaminophen, codeine/acetaminophen.

- Restricted to a 7 day supply with a quantity limit
- Any prescriptions for a longer day supply and/or for a quantity over the recommended limit would have to go through the PA process

Opioid Agonist product - These are long acting medications generally indicated for more chronic conditions and more complicated surgical procedures: Duragesic, meperidine, Nucynta ER.

- Prior Authorization with a Quantity Limit
- Any prescriptions for a quantity over the recommended limit would have to go through the PA process

Partial Agonist products - These are medications used to assist with substance abuse/withdrawal and to treat pain; Pentazocine/naloxone, Buprenorphine patch.

- PA process with a Quantity Limit already exist for these products

Please contact Navitus customer service at 1-866-333-2757 with questions about Opioid medications.

2. Shingles Vaccinations Now Recommended At Age 50

There has been a change within the industry to recommend shingles vaccinations for people age 50 and older instead of 60 and older as has been the case for quite some time. In particular, Shingrix & Zostavax are both now on the Navitus formulary at \$0 co-pay for covered participants age 50 years and older.

3. Initial Benefit Determination and Claims Appeal Procedures

In accordance with Department of Labor requirements the Plan Document has been amended to incorporate revised Initial Benefit Determination and Claims Appeal Procedures effective April 1, 2018. These Procedures update the Claims and Appeal Rules appearing on pages 86-94 of the April

1, 2017 Summary Plan Description booklet.

These rules address procedures for handling claims for benefits and eligibility determinations while also establishing time limitations for the Trust Office to respond with a determination or request

for additional information and/or records in order to make a final determination. However, it should be noted that there are requirements under the Plan and routine procedures employed by the Trust Office that must be satisfied in order for a final determination to be made.

When an adverse determination is made the Trust Office will provide the participant with a detailed explanation as to the reason for the determination, the specific Plan provisions on which the decision is based, what Plan procedures and/or time lines may be applicable in order to appeal and other participant rights under the Appeal process.

Please contact the Trust Office to request a copy of the procedures or with any questions (x-702).

PENSION PLAN CHANGES

The following modifications to the Pension Plan have been adopted by the Board of Trustees:

1. Temporary Disability Claim Appeal Procedures

A new set of Department of Labor required Claim Appeal Procedures has been adopted effective **April 1, 2018** and provides:

With respect to a denial of a claim for "Temporary Disability Claims Only" (i.e. establishing that a participant was unable to work due to accident or illness for 90 or more days in a Plan Year to prevent a Break-in-Service year from occurring the following requirements shall be included in any notification of a benefit denial:

(a) A statement that the claimant is entitled to receive access to and copies of all relevant documents upon request and without charge.

(b) A discussion of the decision, including the basis for disagreeing with or not following the views of a treating physician or vocational professional, the views of medical or vocational experts obtained by the plan,

or if applicable why the Plan disagreed with a disability determination by the Social Security Administration.

(c) If the denial is based on a medically necessary or experimental treatment or similar exclusion or limit, a statement that an explanation of the scientific or clinical judgment for the determination as applied to the claimant's medical circumstances will be provided free of charge upon request.

(d) The internal rules, guidelines, protocols, standards or other similar criteria the plan relied on in denying the claim, or a statement that none exist.

The new Claim Appeal Procedures also provide that a notification of a benefit denial include a statement that there is a 60-day limitation to file for arbitration and that the decision of the arbitrator shall be final and binding upon all parties unless a petition for judicial review is commenced with the statutory period for enforcing or vacating an arbitration award; or a civil action is filed under ERISA Section 502 (a).

2. QDRO Alternate Payee Provisions

The Plan's provision pertaining to the interest in a participant's accrued monthly benefit that may be awarded to an Alternate Payee (i.e. former spouse) have been amended by adding the following:

If the Alternate Payee and participant have a shared interest Qualified Domestic Relations Order, no payments shall be made to the Alternate Payee for any period in which the Participant's benefit payments are

continued on page 4 -

JOURNEYMAN CLASS SCHEDULE AVAILABLE ONLINE

The Summer 2018 Journeyman Class Schedule is now available online on the Training Trust website (www.sdett.org). To download a schedule, visit to our website at www.sdett.org and click on the "Continuing Education" section.

There are several ways you can register for continuing education classes:

- 1) Online – from the homepage, click on the ATS Student Login button. You need to have an account to login.
- 2) By telephone: San Diego classes: (858) 569-6633, select option 3 then 2. For Imperial County classes: (760) 355-3000.
- 3) New to online registration or forgot your password? Email us at info@sdett.org

Bookstore hours: 2:30-5:00pm during the first night of class. All other times, bookstore hours are from 3:30-4:30pm.

CLASS SCHEDULE BY LOCATION BY DATE

IMPERIAL VALLEY

Start Date	End Date	Days	Class ID	Description
05/05/2018	05/05/2018	Sat	2018J16701	AC Theory
05/05/2018	05/05/2018	Sat	2018J16651	DC Theory
05/07/2018	05/16/2018	MW	2018J28381	Basic Foremanship
05/08/2018	06/21/2018	TTH	2018J27441	OSHA 30/EM-385 Construction Hazard Awareness
05/19/2018	07/07/2018	Sat	2018J27621	Electrical Review
06/16/2018	06/16/2018	Sat	2018J28441	Code Calculations: Motor Circuits
07/21/2018	07/28/2018	Sat	2018J26852	Motor Control
08/18/2018	08/18/2018	Sat	2018J27725	NFPA 70E Arc Flash Hazard Awareness

SAN DIEGO

Start Date	End Date	Days	Class ID	Description
05/07/2018	06/27/2018	MW	2018J28181	CALCTP Technical
05/11/2018	05/11/2018	F	2018J28361	Code Calculations: Voltage Drop
05/18/2018	05/18/2018	F	2018J28341	Code Calculations: Box Fill
05/18/2018	06/22/2018	F	2018J26201	Welding I: Basics
05/21/2018	07/02/2018	MW	2018J26931	AutoCAD
05/21/2018	06/25/2018	MW	2018J27622	Electrical Review
05/21/2018	06/25/2018	MW	2018J26851	Motor Control
05/22/2018	07/05/2018	TTH	2018J27442	OSHA 30/EM-385 Construction Hazard Awareness
05/23/2018	08/15/2018	W	2018J27631	Electrical Certification State Exam Prep
05/29/2018	07/19/2018	TTH	2018J27171	Fire Alarm Installations
05/29/2018	07/31/2018	T	2018J28421	Security Cameras and Access Control
05/30/2018	08/15/2018	W	2018J27191	Fire/Life Safety Prep For State Certification
05/31/2018	08/02/2018	TH	2018J27891	Voice-Data-Video Prep for State Certification
06/01/2018	06/01/2018	F	2018J28351	Code Calculations: Conductor Ampacity
06/04/2018	06/04/2018	M	2018J261801	Basic CPR, AED And First Aid For Adults
06/04/2018	06/06/2018	MW	2018J27721	NFPA 70E Arc Flash Hazard Awareness
06/05/2018	06/05/2018	T	2018J261802	Basic CPR, AED And First Aid For Adults
06/05/2018	06/28/2018	TTH	2018J26021	Electric Vehicle Infrastructure Training Program (EVITP)
06/06/2018	06/06/2018	W	2018J261803	Basic CPR, AED And First Aid For Adults
06/07/2018	06/28/2018	TH	2018J28382	Basic Foremanship
06/07/2018	08/09/2018	TH	2018J26101	Electronics Projects
06/11/2018	06/11/2018	M	2018J261804	Basic CPR, AED And First Aid For Adults
06/11/2018	06/13/2018	MW	2018J27722	NFPA 70E Arc Flash Hazard Awareness
06/11/2018	06/11/2018	M	2018J28001	Your Health & Welfare Plan
06/12/2018	06/12/2018	T	2018J261805	Basic CPR, AED And First Aid For Adults
06/13/2018	06/13/2018	W	2018J261806	Basic CPR, AED And First Aid For Adults
06/18/2018	06/18/2018	M	2018J261807	Basic CPR, AED And First Aid For Adults
06/19/2018	06/19/2018	T	2018J261808	Basic CPR, AED And First Aid For Adults
06/19/2018	06/19/2018	T	2018J28002	Your Health & Welfare Plan
06/20/2018	06/20/2018	W	2018J261809	Basic CPR, AED And First Aid For Adults
06/22/2018	06/22/2018	F	2018J28371	Code Calculations: Raceway Fill
06/23/2018	08/18/2018	Sat	2018J28182	CALCTP Technical
06/25/2018	06/25/2018	M	2018J261810	Basic CPR, AED And First Aid For Adults
06/25/2018	07/16/2018	M	2018J26351	Conduit Bending
06/25/2018	06/27/2018	MW	2018J27723	NFPA 70E Arc Flash Hazard Awareness
06/26/2018	06/26/2018	T	2018J261811	Basic CPR, AED And First Aid For Adults
06/27/2018	06/27/2018	W	2018J261812	Basic CPR, AED And First Aid For Adults
07/06/2018	08/10/2018	F	2018J26211	Welding II: Fabrication
07/09/2018	08/08/2018	MW	2018J27623	Electrical Review
07/09/2018	08/08/2018	MW	2018J27101	Introduction to Instrumentation
07/09/2018	07/11/2018	MW	2018J27724	NFPA 70E Arc Flash Hazard Awareness
07/10/2018	08/09/2018	TTH	2018J28311	CALCTP Acceptance Technician (AT)
07/10/2018	08/16/2018	TTH	2018J28431	Energy Storage and Microgrid Training and Certification (ESAMTAC)
07/11/2018	07/11/2018	W	2018J27991	Your Pension Plan
07/12/2018	08/02/2018	TH	2018J28383	Basic Foremanship
07/12/2018	08/02/2018	TH	2018J28131	Audio/Video Systems Design
07/13/2018	07/13/2018	F	2018J28051	Meter Use and Safety
07/16/2018	07/16/2018	M	2018J261813	Basic CPR, AED And First Aid For Adults
07/18/2018	07/18/2018	W	2018J261814	Basic CPR, AED And First Aid For Adults
07/19/2018	07/19/2018	TH	2018J27992	Your Pension Plan
07/23/2018	07/23/2018	M	2018J261815	Basic CPR, AED And First Aid For Adults
07/25/2018	07/25/2018	W	2018J261816	Basic CPR, AED And First Aid For Adults
08/10/2018	08/10/2018	F	2018J28201	Safe Electrical Work Practices For Transformer Testing & Meggering
08/24/2018	08/24/2018	F	2018J26701	Confined Space Entry Hazard Awareness



SPECIAL NO-COST/LOWER COST PPO PLAN PROGRAMS

Use Best Doctors at no cost to the participant to:

- Validate diagnoses, treatment plans and/or recommended surgeries.
- For a referral to an expert physician.
- For asking medical questions 24/7.
- Upon completion of an "Inter-Consultation" the calendar year deductible will be waived or reimbursed.
- **Eligible Expenses will be paid at 100%** if a Best Doctors "Inter-Consultation" is completed **before** one of the following elective surgical procedures is performed: back, hysterectomy, knee and hip replacement, obesity or bariatric, coronary artery by-pass graft, heart valve replacements, prostatectomy and lumpectomy/mastectomy.

Global One Ventures (Bundled pricing for out-patient surgery):

- **\$0 out-of-pocket** cost for procedures performed at a network out-patient surgi-center.
- There may also be a savings payment of \$250 or \$500 to the participant for having their procedure performed at a participating out-patient surgery facility.

Heal "in-home" physician visits - Avoid long waits to schedule a physician office visit or many hours waiting at an urgent care/emergency room:

- **\$5 co-payment** for any visit routinely provided within 2 hours of making an appointment by phone or via smart phone.
- **This program is recognized as a network provider in the Anthem Blue Cross PPO.**
- Hours are from 8:00 am - 8:00 pm Monday - Sunday.

Pinnacle medical and dental services in Mexico -

- **\$0 out-of-pocket cost** for eligible medical and dental services rendered only by Pinnacle network providers in Mexico.

PENSION PLAN CHANGES – cont. from Page 2 –

suspended in accordance with the Plan's Suspension of Benefits provisions. In particular this could occur if the Retiree un-retired and returned to full-time employment.

3. Application For Benefits

The Plan's provision with respect to filing an application for benefits has been amended to add the following:

If a Participant, Retiree, Alternate Payee or Beneficiary fails to provide, within one year, any information or proof requested by the Plan to complete the application process, the process ceases, and the Participant, Retiree, Alternate Payee or Beneficiary will be required to reapply as if no application has been filed.

Should there be any questions relative to any of the above Plan changes please contact the Trust Office (x-310).

WINNERS OF THE TRUST OFFICE WEBSITE PROMOTION!

Congratulations to the following Participants for winning a \$250 Visa Gift Card!! - **Hoang Tran, Kevin McElligot, Ramon Valencia, & James Camy** - With the success of the first promotion, be on the lookout for a possible second promotion this Summer!