July 2020

First and foremost, we hope during this unprecedented time that you and your family are keeping safe and healthy. We understand that there are many concerns upon all our minds when it comes to:

- 1. What do I do if I have symptoms of COVID-19?
- What is my coverage if I get sick?

Issue 97

3. How can I handle my mental state during this crisis?

To help Participants, we are providing the following answers:

1. What do I do if I have symptoms of COVID-19?

There are several resources to utilize which can be accessed by visiting www.569trusts.org. Under Latest News there is a link for "Coronavirus Information" as well as links to Sharp, Kaiser, Scripps, UC San Diego Health and even Anthem Blue Cross. If you are experiencing severe symptoms and need immediate attention dial 911. If you are only experiencing mild to moderate symptoms, your first step should be to call one of the following numbers:

San Diego County: 211

Sharp Healthcare: 1-800-827-4277 Scripps Healthcare: 1-888-261-8431 Kaiser Permanente: 1-877-813-7297

UC San Diego Health: 1-800-926-8273

Please do not visit the Trust Office if you are experiencing any symptoms. We cannot provide any healthcare services and you will only be putting other Participants at risk. Always call the Trust Office first at 858-569-6322 ext 310 or 702. We can provide guidance over the phone.

2. What is my health coverage if I get sick?

Testing:

All testing for COVID-19 is covered regardless of whether an In-Network or Out-Of-Network Provider is utilized. This is mandated by Federal Law.

Treatment:

If you are required to be hospitalized inpatient, unless it was an

emergency, an In-Network Facility is required to be utilized. Per the phone numbers above, Participants in the PPO Plan should be utilizing Sharp, Scripps or UC San Diego while Kaiser Participants should be reaching out to Kaiser Permanente. Please call the Trust Office if you have any questions about your current coverage.

Coverage Eligibility:

Bargaining Employees - Only those Participants who satisfy the hours requirement for their respective Plans (Plan A PPO = 145 hours; Plan A Kaiser = 219 hours; or Plan B Kaiser = 144 hours) will have eligibility. This can be in any combination of hours worked and/or reserve hours. Participants who do not meet these requirements will be required to make their Direct Payment to continue coverage.

Non-Bargaining Employees – Your Employer is required to submit the monthly required hours for your respective Plan.

3. How can I handle my mental state during the crisis?

Mental health is crucial, not only during a crisis such as the COVID-19 pandemic, but anytime of the year. To help Participants navigate these feelings, the Trust Office has multiple resources.

Members Assistance Program (MAP): 1-800-342-8111 or www.mylifevalues.com

Optum Behavioral Health:

1-866-606-6751 or www.liveandworkwell.com

Talkspace:

https://www.talkspace.com/connect or download the app on your mobile device (additional information can be found on www.569trusts.org)

Trust Office:

As the COVID-19 pandemic continues to spread throughout the Country including the Counties of San Diego and Imperial, the Trust Office would like to provide as much information as possible to keep Participants and their family members safe and healthy. We are all aware now that the basics of washing your hands, maintaining social distance, avoid touching your eyes and mouth, consistent disinfecting of highly utilized areas as well as devices

continued from page 1 – COVID-19 UPDATES

(ie. phones, laptops, etc), and of course self-quarantining should you feel sick or have any symptoms are crucial for protecting yourself and others. We also all know that face coverings may help prevent people who have COVID-19 from spreading the virus to others. This is extremely important in cases where individuals are asymptomatic and do not realize they are spreading the virus. To keep Participants and their family members safe, it is **Mandatory** that all visitors to the Trust Office wear a mask when entering the building and during conversations with Trust Office Employees. Although Trust Office Employees are separated from Participants by glass, other Participants visiting the Trust Office do not have that separation or protection including those Participants waiting in the lobby. We are taking our guidance from the recommendation of the Centers for Disease Control and Prevention (www.cdc.gov) and the World Health Organization (www.who.int).

Always call first before visiting the Trust Office 858-569-6322 ext 310 for general office questions or ext 702 for claims. You can also email the Trust Office at info@569trusts.org. All emails will be responded to promptly. Making a call or sending an email will save you time and travel. Many questions can be answered over the phone and forms can be emailed back and forth. If you do need to visit the Trust Office, please follow the guidelines: 1) Always wear a mask; 2) Only one visitor at a time at the window; and 3) Maintain social distancing while waiting. If you need to speak to your claims Examiner and a phone call is not sufficient, the Trust Office now has the capability to hold virtual conversations. Virtual meetings can be held either in the office or at home. At home virtual meetings will require Microsoft Teams. At the Trust Office, a separate conference room is set-up and ready to go for virtual faceto-face conversations. Contact your Claims Examiner at 858-569-6322 ext 702 to set up your appointment. The Trust Office is open from 8am-12pm and 1pm-4:30pm Monday through Friday. If you need help outside there hours you can call or text 858-987-3155. Please leave a message and somebody will get back to you shortly.

SAVE TIME & COMPLETE THE ANNUAL PARTICIPANT INFORMATION UPDATE FORM ONLINE!

All Plan A PPO Participants are required each calendar year to complete an "Annual Information Update Form" reflecting any change with respect to dependent group medical coverage for the upcoming year. The Trust Office usually mails these forms out in the November prior to the current year. To make it as simple as possible, the Trust Office has made this form available on its website www.569trusts. org. The only requirement is that the Participant must register on the site to be linked to their specific information. Once registered, clicking on the Annual Update Form will prepopulate most of the required information on the form. Please review the information and make any necessary changes or add any additional information requested. Once completed, click submit and your Annual Update Form will be on file with the Trust Office. The form has been programmed to reject any incomplete forms as well as make sure all information is valid for submission. Please call the Trust Office at 858-569-6322 (x702) with any questions.

ELECTRICAL TRAINING INSTITUTE OF SAN DIEGO & IMPERIAL COUNTIES — COVID-19

These have been trying times for all and a huge challenge for everyone! The ETI staff has been working non-stop to ensure we provide classes, answer questions via email and phone, and maintain a communication with IBEW Local 569 and NECA San Diego.

Since March 18th, the Spring 2020 ETI students completed their courses through Moodle or Zoom video conferencing. For the Summer 2020 apprenticeship classes, we used the hybrid approach with both distance learning and classroom learning. Courses were modified to offer the lecture portion using the Zoom platform during the first half of the semester then offer the hands-on labs portion during the second half of the semester.

The Electrical Training Institute follows the guidelines as currently issued by Federal, State and Local authorities to ensure the safety of our employees, students and visitors. The ETI Social Distancing and Sanitation Protocol requires all employees, students and visitors to have their temperature taken prior to entering our buildings and masks must be worn upon entering the building and remain on while in the building; provide hand sanitizers around the building; disinfect and sanitizer rooms and furniture after every use and as part of our daily routine.

In preparation of the re-opening, the Electrical Training Institute has taken the necessary measures:

- Staggered breaks will be enforced to maintain social distancing protocol.
- Seating in the first-floor lobby and breakroom will be removed.
- Classroom layouts have been modified for space seating/desks at

continued on page 4

Thank you for your generous gifts to the graduating class of 2020!

San Diego & Imperial Counties

Baker
Electric

Chulu Visa Electric Co.

Chulu

ETI CELEBRATES ITS APPRENTICESHIP GRADUATES

Congratulations to the Inside Wire and Sound & Telecommunications graduating apprenticeship class of 2020! A total of 70 apprentices are now Journeymen. We are so proud of you! On June 26th, 2020, the Electrical Training Institute (ETI) of San Diego and Imperial Counties held a small graduation recognition event for the graduates of the Electrical and Sound Technician Apprenticeship programs. Due to the COVID-19 pandemic, the big graduation celebration had to be postponed until 2021 where this year's graduates will be invited to the celebration at the Convention Center with the 2021 graduates. Thank you to all the contractors and our supporting vendors for your generous gifts to make the completion of their journey memorable!

With the toughest graduation standards in the industry, the joint apprenticeship class of 2020 have earned their long-awaited certificates and will join our ranks in being the best in the electrical & telecommunication industry. Graduates from the Electrical Training Institute of San Diego and Imperial Counties are highly trained professionals who receive ongoing training throughout their career. ETI leads the industry in training and is the best in the region in quality, education, and technical expertise. Please visit: www.etiedu. org or call 858-569-6633 for more information.

Perfect Attendance

James C Adams, Gaston A Aguirre, Carlos F Collins, Richard A Cuevas, David A De La Torre, Jesse T Delval, Michael A Doucette, Alexander Durant, Thomas J Flowers, Stephen G Gsell, Erik C Hewitt, Martin A Higueras, Lee D Konrady, Joshua M Massey, Travis W Moore, Nicholas A Myrick, Cristian Pena, Daniel S Phillips, Andrew W Senkow, Dane A Stark, Fabian Valenzuela, Bobby M Wasko

Outstanding Inside Wireman Nicholas Myrick

Outstanding Sound Branden Wallace

Outstanding Inside Wireman, Runner-up Fabian Valenzuela

Excellence in Work Performance Gerald Chandler, William Cox

<u>Graduates</u>: William Cox, John Gutierrez, Jeremiah Hollman, Thomas Huyler, Monica Morales, Zackary Russelli, Christopher Viens, Jason Walker, Branden Wallace, Gunner Van Sickle, James Adams, Gaston Aguirre, Felipe Andrade, Thomas Bryant, Gerald Chandler, Troy Clark, Carlos Collins, Richard Cuevas, Eric Danielson, David De La Torre, Jesse Delval, Michael Doucette, Matthew DuBois, Alexander Durant, Brayden Duzan, Michael Espinoza, Eric Fehrs, German Fernandez Perez, Skylar Fisher, Thomas Flowers, Anthony Garcia, Israel Gonzalez, Valentin Gonzalez Jr., Kevin Gray, Jason Groth, Stephen Gsell, Scott Guimond, Jerrad Harrison, Erik Hewitt, Martin Higueras, Mark Hooper, Tomy Ismail, Lee Konrady, Paul Long, Riyad Mahdi, Joshua Massey, Travis Moore, Nicholas Myrick, Maximo Odanga, Gabriel Ortiz, Dominic Pena, Cristian Pena, Scott Pettit, Daniel Phillips, Jerry Rankin, Benjamin Richer, Matthew Roman, Emmanuel Sedano, Andrew Senkow, Dane Stark, Matthew Stutz, Derek Summers, Christopher Valdez, Ramon Valenzuela, Fabian Valenzuela, Robert Van Fleet, Bobby Wasko, Christopher Watson, Mitchell Wessels, Dylan Wilcox



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continued from page 2 - ETI COVID-19

least 6 feet apart.

- Class sizes have been reduced to adhere to social distancing parameters and are assigned to one (1) classroom per night (no sharing class materials or supplies or mix between classes)
- Administration offices will be limited to two (2) people at a time in the lobby.
- Front door will be open during normal business, but the hallway doors will be closed to limit the foot traffic in certain areas prior to the arrival of students. All doors will be open from 5:00-8:30pm.

Temperature screening will be conducted from 4:15pm-5:00pm. Late arrivals will need to call Ken Collier (San Diego 858-276-9597) or Rick Gonzales (Imperial 760-238-0911) to be allowed into class.

All Journeyman classes will remain virtual to minimize the number of students in the building. Currently the only classes available in person besides the apprentice labs is the hands-on portion of CPR. ET/CW classes will resume in the Fall '20 semester via Zoom/Moodle. To view our Summer JW class schedule please go to www.etiedu.org and click on: Continuing Education > Journeyman Class Schedule

For more information please email: info@sdett.org or call: 858-569-6633 (San Diego) or 760-355-3000 (Imperial) and visit our website anytime www.etiedu.org We are here for you!

Don't forget to follow us on social media: Facebook, Instagram, Twitter, and YouTube!

SPOUSAL/DOMESTIC PARTNER/DEPENDENT EXCLUSION REMINDER

This is a reminder to all Participants of the Plan exclusion that pertains to Spousal/Domestic Partner/Dependent coverage which originally went into effect July 22, 2010 and was revised January 1, 2015.

If your Spouse, Domestic Partner or any Dependent is employed and any of the following conditions are present, there will be **NO COVERAGE** for your Spouse, Domestic Partner or any Dependent under the Plan if:

- 1. Your Spouse, Domestic Partner or any Dependent is offered group medical coverage through their employer at a cost of \$100 or less per month for the least costly plan (the coverage only has to pertain to your Spouse, Domestic Partner or any Dependent it does not have to be equivalent (full family) coverage) and they waive or decline the coverage; or
- 2. Your Spouse, Domestic Partner or any Dependent is offered group medical coverage through their employer and they receive any form of compensation for waiving or declining the coverage, regardless of the monthly cost of the insurance; or
- 3. This exclusion also applies to any covered dependent children if they would have been included under the Spouse's or Domestic Partner's group medical coverage at a cost of \$100 or less per month.

If your Spouse, Domestic Partner or any Dependent is employed or planning on starting employment, please contact the Trust Office to clarify any requirements they may need to adhere to in order to maintain insurance coverage.