

SAN DIEGO ELECTRICAL HEALTH & WELFARE

AGE FREQUENCY OF ROUTINE PHYSICAL EXAMINATIONS

Under age 30	Every 5 years
Ages 30 to 39	Every 4 years
Ages 40 to 49	Every 3 years
Ages 50 to 59	Every 2 years
Ages 60 or older	Annually

COVERED SERVICES

Various	Complete History & Physical -
99420	Lifestyle Assessment
85025	Complete Blood Count (CBC)
80053	Complete Metabolic Panel (CMP)
80061	Lipid Panel
83721	LDL Cholesterol
84153	Total PSA*
84443	TSH (Thyroid Test)
81003	Routine UA
G0328	Fecal Blood Screening Immunoassay (iFOBT)
88150	Pap Smear
77066	Mammography/Bilateral/XE
93000	EKG Resting **
93015	Treadmill
45378	Colonoscopy, Full***
45380	Colonoscopy, Flex, W/Biopsy
45381	Colonoscopy, w/Sumucosal Injection(s), any substance
45385	Colonoscopy, Full Remove Polyp(s)
45382	Colonoscopy, W/Hemorrhage Control
90715	TDAP Vaccine
90707	MMR
90746	Hepatitis B
90716	Varicella
90658	Flu Shot
Various	Nurse Administration
Various	Specimen Collection and Prep

* PSA performed at age 50, may be performed earlier if medical or family history warrant per physician discretion.

** EKG resting may be performed instead of treadmill within protocols and per physician discretion.

***Colonoscopy, minimum age 45.