General Information

Sharp Health Plan provides the following supplemental evidence of coverage for chiropractic and acupuncture benefits in addition to the coverage described in your Member Handbook. Under this supplemental benefit plan, you are entitled to receive the benefits described below, subject to all the terms, conditions, exclusions and limitations described in this supplemental evidence of coverage and the Member Handbook. The glossary on the reverse of this handout defines the italicized words used throughout.

How Does This Plan Work for Me?

- You do not need a referral from your Primary Care Physician to access Plan Chiropractors and Acupuncturists for chiropractic and acupuncture benefits.
- Chiropractic and acupuncture benefits must be obtained through a Plan Chiropractor or Acupuncturist. Go to www.ashplans.com or call American Specialty Health Plans at 1-800-678-9133 to find a Plan Chiropractor or Acupuncturist near your home or work.
- The Plan does not cover services or treatments that are not provided by a Plan Chiropractor or Acupuncturist, and you must pay for those services yourself.
- Chiropractic and acupuncture benefits require pre-approval by American Specialty Health Plans, except for a New Patient Examination or Emergency Chiropractic and Acupuncture Services.
- Ask Plan Chiropractors and Acupuncturists to inform you if something will not be covered. Ask your provider to verify eligibility prior to receiving services.
- You pay the Copayments listed below for covered Chiropractic and Acupuncture Benefits.

What Are My Covered Chiropractic and Acupuncture Benefits and Copayments?

**Covered chiropractic and acupuncture benefits** are Medically Necessary services and supplies provided for the treatment or diagnosis of Neuromuscular-skeletal Disorders (and nausea and pain, in the case of acupuncture services).

The Plan covers the following chiropractic and acupuncture services and appliances as outlined when they are provided by a Plan Chiropractor or Acupuncturist:

- **Office Visits**
  Each Member is eligible for up to 20 visits (chiropractic and acupuncture combined) per calendar year for consultation, treatment and diagnostic testing. The member pays a **$10 Copayment** to the Plan Chiropractor or Acupuncturist for each visit.

- **Chiropractic Appliances**
  The Plan covers Chiropractic Appliances subject to a maximum of $50 per Member per calendar year. The Member pays any amount above the maximum.

What Is Not Covered?

The Plan excludes or limits the services and supplies listed below from this supplemental benefit:

- Any services or treatments not approved by American Specialty Health Plans except for a New Patient Examination or Emergency Chiropractic and Acupuncture Services
- Any services or treatments not listed as covered in this supplemental benefit plan or not Medically Necessary
- Any services or treatments not provided by a Plan Chiropractor or Acupuncturist, except Emergency Chiropractic and Acupuncture Services
- Adjunctive therapy not associated with spinal, muscle or joint manipulation
- Air conditioners, air purifiers, therapeutic mattresses, supplies or any other similar devices or appliances
- Education program, non-medical self-care or self-help, or any self-help physical exercise training or any related diagnostic training
- Hospitalization, anesthesia, manipulation under anesthesia or other related services
If you have questions regarding your coverage under this supplemental benefit plan, please contact Sharp Health Plan Customer Care at (858) 499-8300, toll-free at 1-800-359-2002, or visit www.SharpHealthPlan.com.