

FREE SECOND OPINION



WE SPECIALIZE IN MEDICAL CERTAINTY

Through San Diego Electrical, you have an exclusive membership to 2nd.MD, a virtual expert medical consultation and navigation service. We connect you with a board-certified, elite specialist for a virtual expert medical consultation via phone or video from the comfort of home.

2nd.MD specializes in medical certainty by providing access to elite specialists for questions about:

- Diseases, cancer, or chronic conditions
- Surgeries or procedures
- Medications and treatment plans

WHO IS ELIGIBLE?

2nd.MD is confidential, fast and no additional cost to you and your family members covered by the Blue Cross Blue Shield or Anthem medical plan.

GET STARTED TODAY

Call at 1.866.269.3534

Visit www.2nd.MD/sandiegoelectrical
or download our 2nd.MD app



HOW IT WORKS: *3 Simple Steps*

1. **ACTIVATE YOUR ACCOUNT AND REQUEST A CONSULT**

Visit www.2nd.MD/sandiegoelectrical, download our app or call us at 1.866.269.3534

2. **SPEAK WITH A NURSE**

Explain your medical issues and an experienced nurse will handle the rest, including collecting medical records and connecting you with a leading specialist who is an expert in your condition.

3. **CONSULT WITH A LEADING SPECIALIST**

Get information about your diagnosis, treatment plan and next steps in care from a nationally recognized specialist. Consult via video or phone at a time that works best for you, including evenings and weekends!

AFTER YOUR CONSULTATION

You'll receive a written summary of your consultation so you're prepared for a conversation with your treating doctor or we can refer you to another in-network doctor in your area.

Participants seeking validation of their diagnosis and treatment plan should utilize the 2nd MD program. There is NO COST for this program as it is a part of your benefits. 2nd MD can be used to find a doctor, question the need for surgery, need help deciding between multiple treatments, as well as help understanding a diagnosis or treatment recommendation. In essence, it is a FREE second opinion.

For specified surgical procedures ELIGIBLE EXPENSES will be paid at 100% if a 2nd MD "inter-Consultation" is completed BEFORE one of the following procedures is performed: back, hysterectomy, knee & hip replacement, obesity or bariatric, neck, coronary artery by-pass graft, heart valve replacements, prostatectomy, and lumpectomy/mastectomy. Additional information about the program can be found at their website: 2nd.md/home. You can also contact your Claims Examiner at 858-569-6322 x702.