
 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.569trusts.com](http://www.569trusts.com) or call 1-800-632-2569 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	\$250/Individual or 2 \$250 deductibles or \$750/family  Doesn't apply to office visits, Rx or preventive care.	Generally, you must pay all of the costs from providers up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a>
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. Some <a href="#">Preventive care</a> and some primary care services are covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other <a href="#">deductibles</a> for specific services?	Yes. \$250 for <a href="#">out-of-network</a> hospitals and \$50 out-patient hospital services.	You must pay all of the costs for these services up to the specific <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay for these services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	For <a href="#">network providers</a> \$1500 individual after the \$250 deductible has been met.	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met per IRS is \$16,300 for 2020.
What is not included in the <a href="#">out-of-pocket limit</a> ?	Any <a href="#">premiums</a> , <a href="#">balance-billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> . Costs for services rendered by <a href="#">out-of-network providers</a> are not subject to the <a href="#">out-of-pocket limit</a>
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="http://www.anthem.com">www.anthem.com</a> or call 800-685-7774 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a provider <a href="#">network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No. You don't need a referral	This <a href="#">plan</a> will pay some or all of the costs to see a <a href="#">specialist</a> for covered services.

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you visit a health care <a href="#">provider's</a> office or clinic</b>	Primary care visit to treat an injury or illness	\$10, \$15 or \$30 <a href="#">co-pay</a> /visit	Not covered	In San Diego County: Sharp-\$10, \$30 all other PPO. \$15 outside of San Diego County
	<a href="#">Specialist</a> visit	\$10, \$15 or \$30 <a href="#">co-pay</a> /visit	Not covered	In San Diego County: Sharp-\$10, \$30 all other PPO. \$15 outside of San Diego County
	<a href="#">Preventive care/screening/immunization</a>	A <a href="#">co-pay</a> may or may not be payable	Not covered	In San Diego County: Sharp-\$10, \$30 all other PPO. \$15 outside of San Diego County
<b>If you have a test</b>	<a href="#">Diagnostic test</a> (x-ray, blood)	20% <a href="#">co-insurance</a>	Not covered	None
	Imaging (CT/PET scans, MRIs)	20% <a href="#">co-insurance</a>	Not covered	None
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.navitus.com">www.navitus.com</a>	Tier 1 drugs	20% <a href="#">co-insurance</a>	Not covered	30 day supply retail;31-90 days mail order
	Tier 2 drugs	40% <a href="#">co-insurance</a>	Not covered	30 day supply retail;31-90 days mail order
	Tier 3 drugs	60% <a href="#">co-insurance</a>	Not covered	30 day supply retail;31-90 days mail order
	<a href="#">Specialty drugs</a>	Same as above Tiers	Not covered	Step therapy/prior authorizations may apply
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	20% <a href="#">co-insurance</a>	Not covered	None
	Physician/surgeon fees	20% <a href="#">co-insurance</a>	Not covered	None
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	20% <a href="#">co-insurance</a>	20% <a href="#">co-insurance</a>	None
	<a href="#">Emergency medical transportation</a>	20% <a href="#">co-insurance</a>	20% <a href="#">co-insurance</a>	None
	<a href="#">Urgent care</a>	20% <a href="#">co-insurance</a>	20% <a href="#">co-insurance</a>	None
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	20% <a href="#">co-insurance</a>	Not covered	None
	Physician/surgeon fees	20% <a href="#">co-insurance</a>	Not covered	None
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	\$15 <a href="#">co-pay</a> /visit	Not covered	Must use Optum Behavioral Providers
	Inpatient services	20% <a href="#">co-insurance</a>	Not covered	Must use Optum Behavioral Providers

<b>If you are pregnant</b>	Office visits	\$10, \$15 or \$30 <a href="#">co-pay</a> /visit	Not covered	None
	Childbirth/delivery professional services	20% <a href="#">co-insurance</a>	Not covered	None
	Childbirth/delivery facility services	20% <a href="#">co-insurance</a>	Not covered	None
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	20% <a href="#">co-insurance</a>	Not covered	None
	<a href="#">Rehabilitation services</a>	20% <a href="#">co-insurance</a>	Not covered	None
	<a href="#">Habilitation services</a>	20% <a href="#">co-insurance</a>	Not covered	None
	<a href="#">Skilled nursing care</a>	20% <a href="#">co-insurance</a>	Not covered	Prior Authorization required above 6 visits
	<a href="#">Durable medical equipment</a>	20% <a href="#">co-insurance</a>	Not covered	Must be medically necessary
	<a href="#">Hospice services</a>	20% <a href="#">co-insurance</a>	Not covered	None
<b>If your child needs dental or eye care</b>	Children's eye exam	\$20 <a href="#">co-pay</a>	Not covered	None
	Children's glasses	Per VSP Schedule	Not covered	None
	Children's dental check-up	Per Delta Dental Schedule	Not covered	Per the Plan Document

#### Excluded Services & Other Covered Services:

<b>Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other <a href="#">excluded services</a>.)</b>		
<ul style="list-style-type: none"> <li>• Certain cosmetic surgeries</li> <li>• Long-term care</li> </ul>	<ul style="list-style-type: none"> <li>• Experimental or investigative surgery or therapy</li> <li>• Infertility treatment</li> </ul>	<ul style="list-style-type: none"> <li>• Never Events or Hospital Acquired Conditions</li> <li>• Medically unnecessary services</li> </ul>
<b>Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)</b>		
<ul style="list-style-type: none"> <li>• Chiropractic/Acupuncture up to 12 visits per year</li> <li>• Medical and Dental services in Mexico (via Pinnacle PPO Networks)</li> </ul>	<ul style="list-style-type: none"> <li>• Bariatric Surgery (must be pre-authorized)</li> <li>• Hearing aids up to \$2500/3 years</li> </ul>	<ul style="list-style-type: none"> <li>• Non-emergency care outside of the U.S.</li> </ul>

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor’s Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: the Trust Office by mail at San Diego Electrical Health & Welfare Trust, PO Box 231219, San Diego, CA 92193-1219. You may also contact the Department of Labor’s Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform)

**Does this plan provide Minimum Essential Coverage? Yes**

If you don’t have [Minimum Essential Coverage](#) for a month, you’ll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet the Minimum Value Standards? Yes**

If your [plan](#) doesn’t meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 858-569-6322 or 800-632-2569, x312

---

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

---

About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$250
- [Specialist \[cost sharing\]](#) 20%
- Hospital (facility) [\[cost sharing\]](#) 20%
- Other [\[cost sharing\]](#) 20%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$15440</b>
---------------------------	----------------

In this example, Peg would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$100
Coinsurance	\$1400
What isn't covered	
Limits or exclusions	\$0
<b>The total Peg would pay is</b>	<b>\$1750</b>

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$250
- [Specialist \[cost sharing\]](#) 20%
- Hospital (facility) [\[cost sharing\]](#) 20%
- Other [\[cost sharing\]](#) 20%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$4100</b>
---------------------------	---------------

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$30
Coinsurance	\$624
What isn't covered	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$904</b>

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$250
- The [plan's](#) accident benefit (\$300) 100%
- [Specialist \[cost sharing\]](#) 20%
- Hospital (facility) [\[cost sharing\]](#) 20%
- Other [\[cost sharing\]](#) 20%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1450</b>
---------------------------	---------------

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$0
Coinsurance	\$180
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$430</b>